

East German Grip Champs OVERALL

Name	points	Place	Class
Sirko Petermann	9	1	120
Stefan Falke	10	2	Master
Guido Biastoch	34	3	Master
Dennis Eichinger	36	4	83
Ronny Stein	40	5	93
Jeffrey Podszuweit	40	5	93
Martin Hartmann	44	7	120
Lars Görk-Nöldner	46	8	93
Hagen Ribb	50	9	Master
Thorsten Ritter	52	10	Master
Patricia Luxner	67	11	women 84+
Lauro Biastoch	69	12	junior 16y
Jördis Grzonka	77	13	women 72
Hanjo Böhme	79	14	120+
Chris Thiede	83	15	105
Heinz Sikorski	100	16	junior 16y
Manuela Falke	104	17	Master
Nils Teichmann	108	18	83
Alexandro Hanne	113	19	junior 14y
Max Woitdke	114	20	junior 14y
Doreen Durschak	116	21	women 63
Vanessa Durschak	125	22	junior girl 10y

Shallow Hub Double Key Pinch Lift

Sirko Petermann	43,8
Stefan Falke	43,7
Martin Hartmann	42,55
Jeffrey Podszuweit	41,55
Ronny Stein	38,95
Guido Biastoch	38,95
Hagen Ribb	38,45
Thorsten Ritter	38,15
Dennis Eichinger	36,08
Lars Görk-Nöldner	36
Chris Thiede	34,5
Patricia Luxner	32,55
Hanjo Böhme	31,5
Manuela Falke	28,4
Lauro Biastoch	28,4
Heinz Sikorski	28,4
Jördis Grzonka	25,45
Nils Teichmann	25,45
Max Woitdke	23,1
Doreen Durschak	20,8
Alexandro Hanne	20
Vanessa Durschak	6,96

Grabball

Sirko Petermann	72,5
Stefan Falke	70
Dennis Eichinger	66,8
Ronny Stein	62,8
Lars Görk-Nöldner	62,8
Chris Thiede	62,8
Jeffrey Podszuweit	62,8
Martin Hartmann	62,8
Hagen Ribb	61,8
Patricia Luxner	60,3
Thorsten Ritter	60,3
Guido Biastoch	58,3
Jördis Grzonka	45
Hanjo Böhme	45
Lauro Biastoch	45
Manuela Falke	40
Nils Teichmann	40
Alexandro Hanne	37,5
Max Woitdke	33,5
Doreen Durschak	30,1
Heinz Sikorski	0
Vanessa Durschak	0

Russian Handle

Stefan Falke	113,35
Sirko Petermann	100,13
Martin Hartmann	97,05
Guido Biastoch	92,05
Ronny Stein	87,05
Jeffrey Podszuweit	87,05
Hagen Ribb	87,05
Thorsten Ritter	87,05
Chris Thiede	87,05
Lars Görk-Nöldner	82,05
Dennis Eichinger	82,05
Lauro Biastoch	77,05
Hanjo Böhme	72,05
Heinz Sikorski	72,05
Patricia Luxner	64,7
Jördis Grzonka	62,2
Doreen Durschak	59,15
Alexandro Hanne	59,15
Max Woitdke	59,15
Manuela Falke	58,15
Vanessa Durschak	20,6
Nils Teichmann	0

Horne Top Hold

	kg	sec
Stefan Falke	65	18
Sirko Petermann	65	7
Guido Biastoch	65	5
Dennis Eichinger	55	21
Martin Hartmann	55	17
Ronny Stein	55	15
Thorsten Ritter	55	8
Jeffrey Podszuweit	55	7
Jördis Grzonka	55	5
Lars Görk-Nöldner	45	27
Hagen Ribb	45	15
Hanjo Böhme	45	14
Lauro Biastoch	45	11
Patricia Luxner	45	5
Heinz Sikorski	35	15
Manuela Falke	35	12
Alexandro Hanne	25	30
Max Woitdke	25	27
Vanessa Durschak	15	7
Doreen Durschak	0	
Nils Teichmann	0	
Chris Thiede	0	

Saxon Bar Hold

	kg	sec
Stefan Falke	105	8
Sirko Petermann	105	6
Guido Biastoch	90	20
Martin Hartmann	90	14
Thorsten Ritter	90	10
Jeffrey Podszuweit	90	9
Lars Görk-Nöldner	90	7
Dennis Eichinger	90	5
Ronny Stein	75	20
Hagen Ribb	75	15
Lauro Biastoch	60	25
Patricia Luxner	60	17
Jördis Grzonka	60	11
Hanjo Böhme	60	8
Heinz Sikorski	45	28
Manuela Falke	45	20
Doreen Durschak	45	11
Alexandro Hanne	30	51
Max Woitdke	30	45
Vanessa Durschak	15	7
Nils Teichmann	0	
Chris Thiede	0	

6" Danish Nail Snapp

	sec	
Sirko Petermann	15	laying
Dennis Eichinger	71	laying
Stefan Falke	72	laying
Patricia Luxner	148	laying
Lars Görk-Nöldner	245	laying
Lauro Biastoch	85	standing
Guido Biastoch	116	standing
Hagen Ribb	120	standing
Jördis Grzonka	224	standing
Hanjo Böhme	230	standing
Jeffrey Podszuweit	331	standing
Ronny Stein	411	standing
Thorsten Ritter	537	standing
Manuela Falke	0	dnf
Doreen Durschak	0	dnf
Martin Hartmann	0	dnf
Nils Teichmann	0	dnf
Chris Thiede	0	dnf
Alexandro Hanne	0	dnf
Heinz Sikorski	0	dnf
Max Woitdke	0	dnf
Vanessa Durschak	0	dnf

OVERALL	
Sirko Petermann	AT
Stefan Falke	GER
Guido Biastoch	GER

Juniors up to 17y	
Lauro Biastoch	GER
Heinz Sikorski	GER
Alexandro Hanne	GER

Women	
Patricia Luxner	AT
Jördis Grzonka	GER
Manuela Falke	GER

Girls up to 10y	
Vanessa Durschak	GER

NATIONAL GRIPSPORT LEAGUE

**III East German Grip Champs 2020 in Stendal/SA Germany**

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fürs **Leben**

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laying: foot and legs are not allowed to touch the ground for the whole time of the event. if they touch: the snap became a standing one and the athlete is allowed to stand up to finish.